

centralkansas.k-state.edu/4-h

# Central Kansas District 4-H

**December, 2023**

**January, 2024**

## HOLIDAY OFFICE HOURS

Both Extension Offices Closed — December 25— January 1  
Both offices will reopen on January 2, 8 a.m.



## 4-H NEWSLETTER DEADLINES FOR 2024

If you have something you would like in the *4-H Newsletter*, be sure to email it to [jlschmeid@ksu.edu](mailto:jlschmeid@ksu.edu).  
Deadlines are:

- February - January 10
- March - February 10
- April - March 10



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[Kansas4-H.org](http://Kansas4-H.org)

## Central Kansas District 4-H Celebration of Achievements

What an afternoon! What a great opportunity to recognize the 4-H members and volunteer leaders in the District for all of their hard work and accomplishments. Special thanks go out to all the members of the 4-H Celebration of Achievements Committee.

Key Award Recipients: Brynna Anderson, Smoky View; Ariana Baltazor, Willing Workers; Hensli Lofdahl, Smoky View; Jace Ohlson, Pleasant Valley; Josi Schrader, Solomon Valley; Caroline Stone, Sunny Valley.

Outstanding 4-H Member Award: Carson Fouard, Cardinal and Reygan Schrock, Cardinal.

4-H Family of the Year Award: The Joseph Gates Family, Cardinal.

4-H Alumni of the Year Award: Janice Peterson and Jennifer Kay-Higgins, Sunny Valley.

Friend of 4-H Award: Carl Garten and Noah Helget.

Outstanding Volunteer Award: Linda Henningsen and Tim Myers, Woodsdale.

Volunteer of the Year Award: Cole Malmberg, Woodsdale.

## 4-H Project Award Applications Going to Regional Contest

**Congratulations** to those individuals who have 4-H Project Award Applications going to the Regional Contest:

<b>Beef</b> .....	Josi Schrader, Solomon Valley
<b>Civic Engagement</b> .....	Ariana Baltazor, Willing Workers
<b>Civic Engagement</b> .....	Eian Pracht, Smoky View
<b>Clothing &amp; Textiles</b> .....	Acacia Pracht, Smoky View
<b>Dog Care &amp; Training</b> .....	Jace Ohlson, Pleasant Valley
<b>Foods &amp; Nutrition</b> .....	Brynna Anderson, Smoky View
<b>Leadership</b> .....	Carson Fouard, Cardinal
<b>Leadership</b> .....	Eian Pracht, Smoky View
<b>Plant Science</b> .....	Ariana Baltazor, Willing Workers
<b>Plant Science</b> .....	Wesley Roland, Sunny Valley
<b>Rabbits</b> .....	Acacia Pracht, Smoky View
<b>STEM</b> .....	Eian Pracht, Smoky View
<b>Visual Arts</b> .....	Brynna Anderson, Smoky View
<b>Visual Arts</b> .....	Acacia Pracht, Smoky View
<b>Wildlife</b> .....	Jaelyn Gates, Cardinal
<b>Wood Science</b> .....	Stone Nichols, Friendly Valley

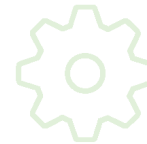
Remember...all 4-H Project Award Applications going to the Regional Contest are due to either Extension Office by **Thursday, January 4.**

# Project Award Application Changes 2024

On page 4 of the October Newsletter, there is a listing of projects available for the 2023-2024 4-H year. Some projects in that listing have name changes, which are noted with their former names underneath those projects in the newsletter. Other projects moved from their “parent” project, such as the STEM projects. These are now individual projects, as opposed to being under the STEM heading previously. As a result of these types of changes, the following list reflects the 2023-2024 Project Award categories. Please be aware of the project categories as youth begin their record keeping for this year.

Aerospace/Rocketry  
Ag Mechanics Welding  
Agronomy  
Astronomy  
Beef  
Building Block Engineering  
Civic Engagement  
Communications  
Computer Science  
Dairy (includes Dairy Cattle & Dairy Goats)  
Dog  
Electric & Renewable Energy  
Entomology  
Environmental Science  
Family Studies  
Fiber Arts  
Foods & Nutrition  
Forestry  
Geology  
Health & Wellness  
Horse  
Horticulture & Landscape Design

Interior Design & Architecture  
Leadership  
Meat Goats  
Performing Arts  
Pets  
Photography  
Poultry  
Rabbits  
Reading Adventures  
Robotics  
Self-Determined  
Sewing & Textile Design  
Sheep  
Shooting Sports  
Shopping in Style  
Small Engines  
Swine  
Veterinary Science  
Visual Arts  
Wildlife  
Woodworking  
Uncrewed Aircraft Systems



## Save the Date: Citizenship in Action (CIA)

Citizenship in Action will be held in Topeka February 18-19, 2024 for youth 13-18 years old by January 1 of the current year. This two-day event is sponsored by the State 4-H Youth Leadership Council. The purpose of the event is for Kansas youth to learn how the state legislative process works and how their voice and participation in decision-making can make a difference in their local communities. Watch your email for registration information!

# Parents and Volunteers Needed: NE Regional Awards Screening



The NE Regional 4-H Project Award Screening is scheduled for **Tuesday, January 9**. This will be held in-person in Manhattan and volunteers are needed to help screen the award applications. The group from CKD usually carools to Manhattan and we usually leave around 8 a.m. from Salina. It depends on the year, but we usually get back to Salina between 3:30 and 5:00 p.m. If you or someone you know would be interested in this opportunity, please email Jacob ([jlschmeid@ksu.edu](mailto:jlschmeid@ksu.edu)) by **December 15**. You will need to email him your name and the 4-H projects you'd be interested in judging. If you have any questions, please contact Jacob.

## Adult Chaperones Needed



If you are interested in serving as a chaperone for Citizenship In Action and/or Discovery Days, please complete the Adult Chaperone Application and return it to either Extension Office by **December 15**. You can find the application online at <http://www.centrankansas.k-state.edu/4-h> under 4-H Youth Development, 4-H Member Forms & Documents. By completing an application, you have let us know you are interested in serving as a chaperone; ***it does not commit you to serving as a chaperone***. If you have any questions, please contact Jacob.

## Registration Is Open For 4-H Camp In 2024!



Ready, set, register! All 4-H camp sessions are now available for registration online at [www.rockspringsranch4hcamp.org](http://www.rockspringsranch4hcamp.org). This includes half week, full week, Leaders in Training (LIT) and Counselors in Training (CIT) sessions. New for this year are Mini-Camp, which will offer a shorter 3 day/2 night camp experience for 1<sup>st</sup>-3<sup>rd</sup> graders and two week-long specialty camps. The specialty camps are Ranch Camp and Shooting Sports Camp. Early bird registration rate (10% discount) ends on December 31, 2023. The session dates are on the

Rock Springs website, along with more information.

Don't forget about **Counselors in Training (CIT) & Leaders in Training (LIT)** registration is also open! Both programs are free to our current 9th-11th graders thanks to a generous donation to the Kansas 4-H Foundation. Here is the link to our Letter of Interest if you are interested in attending either program [bit.ly/CIT-Interest](http://bit.ly/CIT-Interest) at no cost!

## First in a Series of Questions About the Saline County 4-H Development Fund

Why should we support the Saline County Development Fund? Should our 4-H Club Donate money to them? These are questions you might have heard at a 4-H club meeting, and we would like you to know the answers.

Since the Development Fund is a not-for-profit foundation, the money donated is tax deductible. We continue to raise money which is invested. These investments continue to generate money that is then used to support 4-H in Saline County. ALL individual 4-H members, youth or adults, and 4-H Clubs can apply for funds to use to enhance their 4-H experience. Examples of this support would be to attend 4-H Camp, leadership trainings, 4-H trips and specific project work. A great time to donate to the Development Fund is during Match Madness. This event will be held by the Greater Salina Community Foundation on March 21, 2024, at the Salina Field House. Donations made on this day to the Saline County 4-H Development Fund will be the matched (up to 50%) by the Greater Salina Community Foundation! It's a WIN-WIN for everyone.

# ***LEADERSHIP OPPORTUNITIES***

## **4- H Council News**

The January 4-H Council Meeting will be held on Monday, January 22, at 7:00 p.m. We will meet in the Meeting Room at the Minneapolis Extension Office.

We will vote on the fair theme for both County Fairs at the January 4-H Council meeting. An email will go out to the Organizational Leaders with a link to submit your club's fair theme. Each club will submit only one theme.

Help us ring in the new year by dressing up in your favorite winter attire or your most celebratory New Year's outfit/accessories! January's 4-H Council meeting theme will be Winter/New Year!

## **4-H Council Committees**

An email will be coming out soon with information regarding the 2024 4-H Council Committees. The email will go out to all committee members with an email address and to the Organizational Leaders. The list (excluding email addresses and phone numbers) will be posted on our website under 4-H Member Forms & Documents. Copies of the committee list will be available at either Extension Office after edits have been made (after the first of the year).



The 4-H Council Committee training will be held on January 7, time TBD. An email will be sent out to all committee members, co-chairs, master volunteers, and advisors, with the registration link and additional details.

## **Save The Date – Districtwide Committee Training**

The 2024 Districtwide Committee Training is set for Sunday, January 7. Be sure and place this date on your calendar. Watch your email for updates. You do not have to currently be serving on a committee to attend. This training will also serve as a leadership workshop.



## **Volunteer Orientation**

The next Volunteer Orientation is scheduled for Saturday, January 20, from 1-3 p.m. Online "RSVP" is required by January 13. This orientation will be held at the Kansas State University – Salina Campus, Technology Building. There is also an orientation scheduled for Thursday, February 15, from 6:30 p.m. – 8:30 p.m. An online "RSVP" is required by February 8. The location for the February 15 orientation will be determined by the RSVPs. The link can be found on the website at <http://www.centrankansas.k-state.edu/4-h> under Upcoming Events and Online Registration. If you do not have access to the web, please contact either Extension Office. If there are not enough individuals interested, it will be cancelled and those that sign up will be notified.

Youth in the 4-H program often engage in leadership and volunteer experiences as part of their 4-H program participation. Youth are welcome to attend volunteer orientation as a leadership workshop.



# GAVEL GAMES & MODEL MEETINGS

Club members' learning about parliamentary procedures is what gavel games and model meetings are about. Knowing parliamentary procedures is a life-long skill in which many adults struggle. Learning parliamentary procedures is a great opportunity for everyone!



Clubs planning to participate in the Gavel Games/Model Meeting contests need to pre-register **ONLINE** by **Tuesday, January 2 by 11:59 p.m.** A link will be sent to the Organizational Leaders Listserv. The contest date is **Saturday, January 20**, at the Kansas State University – Salina Campus, Technology Building (building #6). Please park in the parking lot B-1. Signs will be posted in the building to direct you to the rooms we will be using. If there are conflicts with the contest date, clubs may choose to participate in the contest on **Friday, January 19**, beginning at 5 p.m. in the Technology Building on campus. Clubs must note this online. **If teams/clubs participate on Friday, they will not be eligible for the Regional contest, but 4-H members will be able to indicate that they participated in the contest on their pin application.** Gavel Game and Model Meeting guidelines are available from Organizational Leaders and are available at our website <http://www.centrankansas.ksu.edu/4-h>, under Organizational Leaders. Don't miss out on learning new skills.

## DISTRICT 4-H QUIZ BOWL TEAMS

Two is company and three's a quiz bowl team!!! Put your thinking caps on, grab a couple of 4-H friends and form a team! Registration link will be emailed out to organizational leaders, and one person will register all teams from your club.

Each team consisting of three 4-H members will be in two age categories: Junior (7-12) and Senior (13-18).

**Saturday, February 3, location to be determined. Registration will begin at 8:00 a.m., and competition will begin at 8:30 a.m.**



Prizes will be awarded to: 1st, 2nd and 3rd place teams. An overall club award of \$25 will also be presented.

Questions will relate to all aspects of 4-H, including officer information, parliamentary procedure, who's who, project information, history, and other fun facts about 4-H. **Deadline to register teams is January 2.** A link will be sent to the Organizational Leaders Listserv.

## DISTRICT 4-H QUIZ BOWL VOLUNTEERS NEEDED!

Approximately 20 volunteers are needed to help District 4-H Quiz Bowl run smoothly. Registered adult volunteers are needed for moderators/judges (reading questions), competition room monitors and waiting room monitors.

Adults and 4-H member volunteers, 7<sup>th</sup> grade and up who do not want to participate on a team, are needed for scorekeepers, buzzer monitors and time keepers. **A brief orientation for volunteers will be at 8:15 a.m., prior to the competition beginning at 8:30 a.m.**

To volunteer, please go to <http://www.centrankansas.ksu.edu/4-h> under Upcoming Events and Online Registration. Select all positions you would be willing to help with, and positions will be assigned based on registration. **Volunteer Registration Deadline is January 2.**

# ***LIVESTOCK INFORMATION***

## **K-State Junior Beef Producer Day**

The K-State Junior Beef Producer Day is scheduled for Saturday, March 2, in Weber Arena in Manhattan, KS. This event is a one-day, family educational event that focuses on youth beef projects. Youth, parents, agents, ag teachers, and project leaders of all ages and skill levels are invited to attend. Tentative topics include selection, nutrition, meat science, reproduction, health, grooming, and showmanship. An optional YQCA certification session will be offered at the end of the day. The deadline to register is February 12. The cost is \$20/person by the deadline, or \$25 after. Only those registered by February 12 will receive a t-shirt. All attendees, including both youth and adults, must register.

If you prefer to submit your registration by mail and pay with a check or cash, please email Lexie Hayes at [adhayes@ksu.edu](mailto:adhayes@ksu.edu) for a registration form.

Registration is open now for both  
K-State Junior Beef Producer Day and  
K-State Junior Sheep Producer Day and  
may be completed using this link: <http://bit.ly/ksuasiregister>  
or clicking on the QR Code.



## **K-State Junior Sheep Producer Day**

The K-State Junior Meat Goat Producer Day is scheduled for Saturday, March 16, in Weber Hall in Manhattan, KS. This event is a one-day, family educational event that focuses on youth meat goat projects. Youth, parents, agents, ag teachers, and project leaders of all ages and skill levels are invited to attend. Tentative topics include selection, nutrition and feeding, facilities, health, reproduction, meat science, wool, clipping and grooming, and showmanship. An optional YQCA certification session will be offered at the end of the day. The deadline to register is February 26. The cost is \$20/person by the deadline, or \$25 after. Only those registered by February 22 will receive a t-shirt. All attendees, including both youth and adults, must register.

If you prefer to submit your registration by mail and pay with a check or cash, please email Lexie Hayes at [adhayes@ksu.edu](mailto:adhayes@ksu.edu) for a registration form.

## **Save the Date**

### **Spring Beef, Sheep, Meat Goat & Swine Weigh-In/Tagging**



The 2024 spring beef weigh-in is Saturday, March 9 - Salina at Glen Engelland's and Minneapolis at Schrader Ranch. Sheep, meat goat, and swine weigh-in is Wednesday, April 24 in Salina and Thursday, April 25 in Minneapolis. Watch your email for updates. Be sure and place this date on your calendar.

**2024 Changes:** All animals (excluding registered heifers) are required to be at their respective weigh-ins. Swine will not be weighed but will be left on trailers for tagging. Members or an associated adult will be required to tag all swine.

## **Save the Date - 4-H Horse Panorama**

The 2024 4-H Horse Panorama is scheduled for January 27, at K-State Salina. In-person and virtual contests are available to Kansas 4-H members enrolled in the Horse project including Horse Bowl, Hippology, presentations and more. Registration is open, and more information is available at <https://www.kansas4-h.org/events-activities/conferences-events/horse/horse-panorama.html> Registration deadline is due January 10, 2024.

# DISTRICTWIDE PROJECT NEWS



## 4-H Project Curriculum

There are a lot of resources to help 4-H members with their projects. Of course, the library is always a great place to start, but there is a lot of 4-H curriculum out there. Go to <https://shop4-h.org/> to view all the 4-H curriculum that is available. If you are curious about what the content might look like, call the Extension Office. More than likely we have a copy of the curriculum in our office that you can check out to review to determine if you want to purchase it or not. If you have other questions, ask your club leader or call the Extension Office.

## Cool Science Artwork Competition

Cool Science is a free and public art competition held each fall for all K-12 artists. Cool Science is a collaboration between the UMass Lowell, UMass Boston, Massachusetts College of Art and Design, University of Kansas, and Kansas City Art Institute. In 2019, Cool Science received a National Science Foundation grant that helped it expand the project beyond Massachusetts to Kansas, Missouri, and Southern New Hampshire. This year's deadline is January 14, 2024. For more information, visit <https://www.coolsience.net/artwork-guidelines-rules>.

## Free All-Purpose Flour

For those interested in the Foods and Nutrition project, contact Lisa Newman, Family & Community Wellness Agent in the CKD Minneapolis Office, for free flour from K-State! Each 4-H member that contacts Lisa will receive 6 cups of "Willie's Pride" All-Purpose Flour while supplies last. This is a great opportunity to practice your baking skills or try out a new recipe.

Lisa Newman, Family & Community Wellness Agent, Central Kansas District - [lnnewman@ksu.edu](mailto:lnnewman@ksu.edu)



18 USC 707

SATURDAY, JANUARY 13, 2024



**K-STATE**  
Research and Extension



# KANSAS 4-H DAY WITH K-STATE WOMEN'S BASKETBALL

\$30: Ticket, Voucher (\$10  
concessions), & Shirt

\$20: Ticket & Voucher (\$10  
concessions)

## HOW TO GET TICKETS?

1. Register! Use the QR code or the link below!
2. Pick up ticket packages - location TBD  
(1/13/24, 11:30 AM-12:30 PM)
3. Doors open for the general public (1/13/24,  
12:00 PM)
4. Tip-off! (1/13/24, 1:00 PM)

Online registration for this event will be due **January 1st, 2024**. No paper registrations will be accepted. To register, go to: <https://bit.ly/3N85oPY>

Kansas State University Agricultural Experiment Station and Cooperative  
Extension Service

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Resource: <https://www.apa.org/topics/resilience>



# 4-H CLUB DAY – FEBRUARY 17, 2024

Learning to present demonstrations, project talks, public speaking and more is one of 4-H's trademarks. School teachers will brag to parents during parent teacher conferences that they know their child is a 4-H member because they can speak in front of the class without being nervous! Mark your calendars...**NOW for February 17.** 4-H Members must be 7 before January 1, 2024, to participate. Cloverbuds (5 & 6 year olds before January 1, 2024) may ***only*** participate in the Sharing Division. All 4-H members and Cloverbuds are encouraged to enter. ***Entries are due by the individual 4-H member and cloverbud ONLINE by January 22, 11:59 p.m. Enrollment must have been submitted and be completed online by 12/01/23 for members to be eligible to participate.***

**Remember:** The 4-H Club Day policy is a **4-H member must present a public presentation (demonstration, illustrated talk, project talk, public speaking or sharing) to be eligible for individual talent. 4-H members may participate in group (3 or more) activity without presenting a public presentation.** Simply, if a 4-H member wants to participate in music, drama or dance as an individual, a demonstration/project talk/public speaking presentation must be given.

**Online Registration:** 4-H Club Day registration will be online. 4-H members and families can register at their own convenience, but we do not recommend waiting until the last minute! ***An email will go out the week of December 11, and registration links will be available on the District website under "Upcoming Events and Online Registration".*** For rules and regulations, please refer to pages 11 - 14 of this newsletter.

Please be sure to allow ample time to complete the online registration as it will take some time to complete. In addition, ***it will need to be completed separately for each participating 4-H member, including Cloverbuds who wish to present a Sharing Presentation.*** However, Group Talent Events will only need to be entered ONCE. This means ***ONLY ONE*** member (or representative) will register a group entry and will list each person in the group as well as the club they belong to. ***It is important for 4-H members and parents to double check the 4-H Club Day entries before submitting them online, as no substitutions of 4-H members will be allowed. If individuals are in a group event, ONLY those who have been listed on the entry form will be allowed to participate in the group event.*** In addition, since Prepared Public Presentations (project talks, demonstrations, & illustrated talks) can be a team effort of two people, ***ONLY ONE*** member will register for both, by entering their name and their partner's name in the box provided.

When you register for the District 4-H Club Day event, you will see a question regarding Regional attendance at the end of the online registration. If a member qualifies for Regional competition, we will use their response from this question when submitting our Regional entries. You will also be given the opportunity to indicate if you have a scheduling request.

Once the registration is completed, you will have the option to print the information for your records. The information will also be available for you to print in the confirmation email you will receive. On the last page of the registration, please list any special requests you may have, and we will do our best to accommodate them. ***Remember, no animals or weapons of any kind will be allowed at 4-H Club Day, as in previous years. At the end of the registration process, you will need to click "Submit." Once you have done so, you will see a confirmation response, finalizing your registration.***

**Deadline:** Registration will be due on **Monday, January 22, by 11:59 p.m.** ***Any entries submitted after this time will NOT be accepted. Please do NOT wait until the last minute to complete this registration.*** If you have any questions regarding the registration process, please contact Kate, [klittich@ksu.edu](mailto:klittich@ksu.edu) OR if you have questions concerning the rules or guidelines for the contest, please contact Kate. She can be reached by phone at 785-309-5850 during 8 a.m. - 5 p.m. work hours. Any calls or emails outside of this time frame cannot be guaranteed a prompt response until the following business day. Only individuals enrolled by December 1 are eligible to compete at 4-H Club Day. If a member completes the online registration for 4-H Club Day, but was not enrolled by the deadline, the Extension Office will address the issue with the Organizational Leaders. The Organizational Leaders will then be the ones to inform the families of the problem.

# 4-H CLUB DAY CONTINUED

## Available for 4-H Club Day 2024

In light of several considerations (including pandemic related concerns), an option to submit pre-recorded presentations will be available for 4-H Club Day 2024. This option is intended to encourage all 4-H members to participate in preparing and giving a presentation, regardless of health situation or scheduling conflicts.



The guidelines are as follows:

- Presenters will need to sign up for 4-H Club Day by the January 22 deadline.
- The option to record and submit digitally is available only for: Sharing, Junior Demonstrations & Illustrated Talks, Junior Project Talks, Senior Demonstrations & Illustrated Talks, & Public Speaking.
- In the registration, there will be an option to state if the 4-H member's presentation will be given in-person or virtually.
- If this option is selected, the participant forfeits the in-person opportunities.
- Presentations submitted digitally will be "participation only" and not regional eligible, but participants will still receive comments from the judge.
- Virtual participants will not be eligible for incentive prizes or to participate in the talent portions of 4-H Club Day (Music, Dance, Drama).
- All presentations submitted digitally will be due by 12:00 p.m. (noon) the Friday before 4-H Club Day (February 16). Directions on how to submit will be sent directly to the individuals who have registered for this option.
- A link will be available for digital submissions when the 4-H Club Day schedule is published.
- If a 4-H member has signed up for an in-person presentation and a health situation necessitates switching to a digital submission after the January 22 registration deadline, families will need to communicate with Kate to move to the digital option by calling 785-309-5850 or emailing her at [klittich@ksu.edu](mailto:klittich@ksu.edu).
- Guidelines for recording presentations may be found on pages 11-14 along with the guidelines for in-person 4-H Club Day.

## Help With 4-H Club Day Presentations

One of the greatest benefits of 4-H is learning to do public presentations! We encourage every 4-H member to participate in 4-H Club Day coming up in February! Resources are on the 4-H website at <http://www.centrankansas.ksu.edu/4-h>, under 4-H Club Day on the left-hand side of the page and include videos to help you with the planning and presenting demonstrations/illustrated talks, project talks, and public speaking. At this time, we are adding additional videos so check back as new examples are being added as they become available. This information is intended to supplement the 4-H Club Day Guidelines (11 - 14). If you have any questions or still cannot find helpful information, Master Volunteer Suzanne Hokett is available to schedule time with families or clubs to help, either in-person, phone, or via Zoom. Suzanne can be reached at 785-643-6511.

## 2024 GUIDELINES FOR 4-H CLUB DAY PRESENTATIONS

The events listed below are suggested guidelines for scheduling purposes. Enter members of your club where you feel their presentation will fit best. A club may have more than 1 ensemble, skit, etc. as long as different members are in it. "Juniors 7-12 and Seniors 13 & older" **Cloverbuds may only participate in the Sharing Division.**

### PUBLIC PRESENTATIONS

#### Sharing - Non-competitive

- A. Recommended, for cloverbuds and 1st and 2nd year 4-H members 10 years old and under, but not limited.
- B. Time: recommend 2-3 minutes.
- C. Props or posters may or may not be used.
- D. Topic must be any 4-H related project or item.
- E. Cloverbuds and 4-H members come prepared with short presentation.

#### Project Talks - Junior

- A. For 4-H members 7 to 12 years old.
- B. Time: recommend 3 to 4 minutes, 7 minutes maximum.
- C. Visuals encouraged but not required.
- D. Individual presentations only.
- E. Topic may be on 4-H project or aspect of project 4-H member is currently enrolled in.
- F. PowerPoint is allowed for this category and age division. Contestant is responsible for providing a computer and projector. A projector can be checked out from the Extension Office on a first come, first serve basis. No internet access will be provided.
- G. Questions are not asked.

#### Demonstrations - Illustrated Talks - Junior

- A. A demonstration is a show and tell type of presentation. An illustrated talk tells how rather than shows how. Needs end product.
- B. For 4-H members 7 to 12 years old.
- C. Time: recommend 4 to 7 minutes, 10 minutes maximum.
- D. Either individual or team presentations.
- E. All necessary equipment provided by 4-H member, i.e. computer, poster, etc.
- F. Topic may be related to 4-H project currently enrolled.
- G. The endorsement of brand names is discouraged.
- H. PowerPoint is allowed for this category and age division. Contestant is responsible for providing a computer and projector. A projector can be checked out from the Extension Office on a first come, first serve basis. No internet access will be provided.
- I. Questions asked.
- J. Summary is required.

#### Demonstrations - Illustrated Talks - Senior

- A. A demonstration is a show and tell type of presentation. An illustrated talk tells how rather than shows how. Needs end product.
- B. For 4-H members 13 years old or older.
- C. Time: recommend 5 to 10 minutes, 15 minutes maximum.
- D. Either individual or team presentations.
- E. All necessary equipment provided by 4-H member, i.e., computer, posters, etc.
- F. Topic may be related to 4-H project currently enrolled.
- G. The endorsement of brand names is discouraged.
- H. PowerPoint is allowed for this category and age division. Contestant is responsible for providing a computer and projector. A projector can be checked out from the Extension Office on a first come, first serve basis. No internet access will be provided.
- I. Questions asked.
- J. Summary is required.

#### Public Speaking - Senior

- A. For 4-H members 13 years and older.
- B. Time: recommend 5 to 7 minutes, 15 minutes maximum.
- C. Visuals may or may not be used. They should enhance the talk- not distract. No posters or PowerPoint presentations allowed.
- D. Individual presentations only.
- E. Topic unlimited, persuasive, informative, etc.
- F. Outline required for judge (Judge will deduct one ribbon if outline not available).

### Spontaneous Speaking-Senior

- A. For 4-H members 13 years and older.
- B. Draw for a topic from list, "4-H Promotion", "Current Events", "Personal Interest" (hobby, sports, school, future plans)
- C. 10 minutes allowed to prepare speech. Time: Recommended 3-5 minutes, 5 minutes maximum.
- D. No questions asked.

### Recording Guidelines for Digitally Submitted Presentations

In light of several considerations, an option to submit pre-recorded presentations will be available for 4-H Club Day 2024. This option is intended to encourage all 4-H members to participate in preparing and giving a presentation, regardless of health situation or scheduling conflicts. The guidelines are as follows:

- The option to record and submit digitally is available only for: Sharing, Junior Demonstrations & Illustrated Talks, Junior Project Talks, Senior Demonstrations & Illustrated Talks, & Public Speaking.
- If this option is selected, the participant forfeits the in-person opportunities.
- In the registration, there will be an option to state if the 4-H member's presentation will be given in-person or virtually.
- Presentations submitted digitally will be "participation only" and not regional eligible, but participants will still receive comments from the judge.
- Virtual participants will not be eligible for incentive prizes or to participate in the talent portions of 4-H Club Day (Music, Dance, Drama).
- All presentations submitted digitally will be due by 12:00 p.m. (noon) the Friday before 4-H Club Day (February 17). Directions on how to submit will be sent directly to the individuals who have registered for this option.
- A link will be available for digital submissions when the 4-H Club Day schedule is published.
- If a 4-H member has signed up for an in-person presentation and a health situation necessitates switching to a digital submission after the January 22 registration deadline, families will need to communicate with Kate to move to the digital option by calling 785-309-5850 or emailing her at [klittich@ksu.edu](mailto:klittich@ksu.edu).
- Video must be continuous with no editing whatsoever. Your presentation must be shot in one continuous take. Please do not use any kind of title screens, credits, special effects, or captioning. The idea is to create a video of your presentation as it would be seen at an in-person 4-H Club Day.
- Presenter/performer must be in front of the camera throughout the presentation. Do not move "off-camera."
- If you need an easel or projector, please contact either Extension Office to make arrangements. Equipment may be checked out on a first come, first serve basis with a 3-day checkout period. Please note, both Extension Offices will be closed December 26-January 1. Projectors may not be checked out during the office closure time.
- Demonstrations & Illustrated Talks for Junior & Senior categories - As questions would normally be asked in an in-person environment, presenters are encouraged to ask for questions and have a family member ask questions from off-camera. Please try to avoid asking known or "scripted" questions as the goal is to have the 4-H member field the question on the spot as they would in an in-person setting.

TALENT Member must present a **prepared** Public Presentation (demonstration, project talk, public speaking or sharing) to be eligible for individual talent. Spontaneous Speaking is not included in the prepared Public Presentation category. 4-H member may participate in group (3 or more) without presenting individual prepared public presentation. (Individual and Duet entries must also present demonstration, project talk, public speaking or sharing.)

### Music

#### A. Chorus

1. Sixteen or more members or 12 or more members if club under 16. (may easily change to ensemble)
2. Two numbers required.
3. Copy of selections with measures numbered required for judge--original copy\*. If not available, one ribbon deducted.
4. Singing may or may not have accompaniment. Director and accompanist need not be 4-H members.
5. Selections should be memorized, but not required.

#### B. Vocal Ensemble

1. Group may be composed of 2 to 15 4-H members, not including accompanist.
2. Each group will sing two numbers of their own choosing.
3. Copies of selections will be given to judges before performing\* with measures numbered. If not available, one ribbon deducted.
4. Accompanist need not be a 4-H member.
5. Selections must be memorized or may influence the rating.

#### C. Vocal Solo

1. Participant will sing one number.
2. 4-H member judged on vocal presentation.
3. Copy of selection will be given to judge before performing\* with measures numbered. If not available, one ribbon deducted.
4. Accompanist need not be a 4-H member.
5. Memorization required. Ribbon rating deducted if not memorized.

D. Orchestra - Band – ***Must be able to provide own instrument, with the exception of a piano***

1. Groups may be composed of 16 or more 4-H members (may be from different clubs).
2. Each group will play one number of their own choosing.
3. Copy of the conductor's score is to be given to the judge before playing\* with measures numbered.
4. Memorization of number is not required.
5. The director is not required to be a 4-H member; an individual may not play with the group unless he or she is a 4-H member.

E. Instrumental Ensemble – ***Must be able to provide own instrument, with the exception of a piano***

1. Group may be composed of 2 to 15 4-H members, (may be from different clubs) not including the accompanist.
2. Each group will play one selection of their own choosing.
3. Copies of selection will be given to judges before performing\* with measures numbered.
4. Memorization of numbers is not required.
5. The director is not required to be a 4-H member; an individual may not play with the group unless he or she is a 4-H member.

F. Instrumental Solo – ***Must be able to provide own instrument, with the exception of a piano***

1. Participant will play a composed solo number.
2. Copy of selection will be given to judges before performing\* with measures numbered.
3. Accompanist need not be a 4-H member.
4. Memorization is not required.

Dance – (Country dance, folk, choreographed, other) Maximum 5 minutes. – Must provide own equipment to play music (i.e., CD player, speaker).

- A. Junior Solo
- B. Senior Solo
- C. Group (2-15 members)

Drama

A. Plays

1. Limited strictly to one-act plays. One set. No set changes allowed.
2. Minimum 30 minutes maximum 45 minutes.
3. Clubs responsible for all scenery.
4. No copy of play required.

B. Skits

1. Designed as original plays or skits.
2. No number limitations.
3. Performance set-up 5 minutes. Each group will be responsible for all scenery, property, and props.
4. Maximum 15 minutes.
5. No copy of skit required.

C. Reading - Poetry Interp or Prose Interp

1. Dramatic or Interpretive, humorous, or other type of reading.
2. Individual presentation.
3. A 10 minute maximum time limit. No minimum time limit.
4. Students are expected to have an attention getting intro that includes description of performance which should include the title, author, and setting, and the name of the participant and 4-H club). The intro also sets the scene for the cutting.
5. No props beyond a folder or book may be used in Readings. Props may be used in Solo Acting.
6. No extra points will be awarded for memorized work. While this may be memorized, but needs to look as though it were a reading.

D. Solo Acting

1. The material is generally something that was published as a script, but can be done from a story. The pieces may be single or multiple characters (one person does all the parts).
2. Individual Presentation.
3. The time limit is maximum 10 minutes. No minimum time limit.
4. Students may move around and may even use a chair as a prop.
5. The piece must be memorized.
6. Students are expected to have an attention getting intro that includes title and author. The intro also sets the scene for cutting.

E. Other

1. Miscellaneous grouping: novelty, stunts, pantomime, puppets, marionettes, ventriloquist acts, etc.
2. Individual or group.
3. Maximum 5 minutes.

# MY 4-H SPARK Contest Guidelines & Information



**Purpose:** The purpose of this contest is to prepare our 4-H members, 13 years of age and older, for potential job and career readiness opportunities. Additionally, this will give the 4-H member an opportunity to tell their story as related to a 4-H project. This contest focuses on the current 4-H year work (October – January).

**Cover Letter:** The cover letter will be composed of three parts: introduction, body, and conclusion.

## Introduction

- State what 4-H project you are focusing on and why you are writing the letter.
- Briefly introduce yourself.

## Body

- Briefly summarize project goals and work. This includes, but is not limited to, goals, skills developed, and knowledge gained.
- Explain your project leadership and citizenship experiences and how you have grown as a person.
- Describe project experiences and how they relate to your future education and /or career goals.

## Conclusion

- Thank the reader for considering your application.
- Summarize why you are an ideal candidate for something related to this project field.

The format for the cover letter should be formatted as follows:

- Use business letter format
- Limited to 1 page
- Must use at least 11-point font size
- Single-space
- Grammatically correct with no spelling errors
- Include a signature block and sign your letter
- Letter should be address to:  
Central Kansas District Project Review Committee  
2218 Scanlan Ave  
Salina, KS 67401

**Résumé:** With the résumé, 4-H members are encouraged to be creative and design their own template, style, etc. Simple and direct language should be used with no spelling errors and correct grammar used. Member should strive for readability; the spacing is up to the 4-H member. The résumé is limited to 2 pages and participants must use at least 11-point font size.

Sections for the resume:

- Header with name and contact information
- Personal objective statement
- Project mastery
- Leadership experience
- Citizenship / community engagement
- Life skills / career readiness
- Recognition
- Non-4-H project related experience

**Interview:** The interview will be scheduled during 4-H Club Day and will last for 10-15 minutes. During this interview, the 4-H member will be asked questions which will allow them to tell their story as related to the specific 4-H project they completed their cover letter and résumé on. The judge will conference with the 4-H member following the interview. Parents/Guardians are allowed to sit in on the interview and conference judging process with the 4-H members consent.

# 4-H SCHOLARSHIPS

## Local 4-H Scholarship Information

CKD Local 4-H Scholarship information will be posted on the CKD 4-H Scholarship website – (<https://www.centrankansas.k-state.edu/4-h/scholarships/index.html>). At the time of newsletter publication, a few details were still being finalized (including amounts of scholarships), and it is anticipated the complete list of scholarships and application will be available no later than December 22, 2023. Check the website frequently for information.

**All scholarships will be due ONLINE no later than March 1, 2024.**

If you need a letter of recommendation from Jacob or Kate, please send an email ([jlschmeid@ksu.edu](mailto:jlschmeid@ksu.edu) or [klittich@ksu.edu](mailto:klittich@ksu.edu)) requesting a letter. Be sure to include your most current resume and 4-H permanent record with your email. If possible, we ask for 3-4 weeks to complete the letter of recommendation prior to the due date.

## Kansas 4-H State Scholarship Information

For more information on the [Kansas 4-H Scholarships](https://www.kansas4-h.org/resources/awards-and-recognition/scholarships.html), please go to <https://www.kansas4-h.org/resources/awards-and-recognition/scholarships.html>

***Links for the application and reference submission, guidelines for the cover letter and resume, and evaluation process for both the State 4-H Scholarships and Vanier Family Scholarship Program are all located on this page.***

**All scholarships will be due ONLINE no later than March 1, 2024.**





# EXTRA

NEWS FOR CENTRAL KANSAS DISTRICT ORGANIZATIONAL LEADERS

## December/January Check-Up

December is here! Have you found yourself starting the never-ending errands of the Holiday Season—shopping, school programs, baking and writing holiday cards? Well, don't panic...just take it one step at-a-time and everything will get done. In the rush, don't forget 4-H! Here's your monthly check-up so you won't get caught in a snow blizzard after the first of the year.

January is a time of setting new goals and starting fresh! The New Year can also be a time to recruit new members and leaders! Set two to five club goals and watch yourselves change!

- \_\_\_\_\_ Online enrollment completed by December 1, 11:59 p.m. to participate in 4-H Club Day.
- \_\_\_\_\_ Online enrollment completed by December 1, 11:59 p.m. to participate in the County Fairs for returning members.
- \_\_\_\_\_ Holiday plans made.
- \_\_\_\_\_ 4-H members asking friends to attend a 4-H meeting with them?
- \_\_\_\_\_ 4-H parents encouraging other parents to get involved?

### Review

- \_\_\_\_\_ *4-H Newsletter* read and important dates marked on calendar.
- \_\_\_\_\_ Highlight key points from *4-H Newsletter* at club meeting.
- \_\_\_\_\_ Updated project lists and copies of 4-H participation forms provided to club project leaders.

### To-Do

- \_\_\_\_\_ Parent's Committee working.
- \_\_\_\_\_ Make sure club project leaders are indicating they are a project leader in 4HOnline.
- \_\_\_\_\_ Encourage leaders to start conducting project meetings.
- \_\_\_\_\_ Check club mailbox at Extension Office.
- \_\_\_\_\_ Report from the November 4-H council meeting.
- \_\_\_\_\_ Start Gavel Game Teams/Model Meeting.
- \_\_\_\_\_ Encourage Demonstration Trainers to start.
- \_\_\_\_\_ Encourage 4-H Club Day Planning.
- \_\_\_\_\_ Check club's progress toward goals.
- \_\_\_\_\_ Annual Summary up-to-date.
- \_\_\_\_\_ Ideas for fair parade and fair theme (for both county fairs). Voting at January 4-H Council.
- \_\_\_\_\_ Have a parents meeting.
- \_\_\_\_\_ Have new parents complete the 4HOnline enrollment for a volunteer and make arrangements to attend the Volunteer Orientation.
- \_\_\_\_\_ Update 4-H Records, 4-H Project Award Applications, and Pin Applications.

### Remember

- \_\_\_\_\_ Next Organizational Leader Update, Thursday, January 18, 7 p.m., Online (Zoom).
- \_\_\_\_\_ Next 4-H Council Meeting, Monday, January 22, 7 p.m.



## **Promote/Recruit**

- \_\_\_\_\_ Districtwide Project Meetings promoted.
- \_\_\_\_\_ District 4-H Quiz Bowl promoted and teams forming. Registration due Tuesday, January 2, at 11:59 p.m.
- \_\_\_\_\_ Gavel Games and Model Meetings promoted and teams forming. Registration due Tuesday, January 2, at 11:59 p.m.
- \_\_\_\_\_ 4-H Club Day Activities promoted. Registration due ONLINE, January 22, at 11:59 p.m.
- \_\_\_\_\_ 4-H Camp promoted.
- \_\_\_\_\_ Citizenship In Action promoted.
- \_\_\_\_\_ Promote Red Wheel Sales (Minneapolis Area).
- \_\_\_\_\_ Districtwide project meetings promoted.
- \_\_\_\_\_ Plan and encourage 4-H Club Day participation.
- \_\_\_\_\_ Encourage state/district/region wide trainings.

## **Organizational Leaders Update**

Mark those calendars for the next Organizational Leaders' Update at 7 p.m., Thursday, January 18, online via Zoom. We'll discuss timely topics such as 4-H Club Day, follow up on Gavel Games, Model Meetings, and District 4-H Quiz Bowl, and other events and activities that will be coming up. A link will be emailed out to the organizational leader's listserv with any meeting details closer to the meeting date.

## **4-H Council News for Organizational Leaders**

At the January 4-H Council meeting, members will be voting on a 2024 County Fair theme. Clubs need to plan to present **only one** fair theme to the council. We will take the top three themes back to the county fairboards for them to select the fair theme. Remember, since the county fairs are not just for 4-H members, but for the whole county, we need to not use 4-H in the theme.

## **Sharing the Load**

Have you ever felt the pressure of 4-H overload? Too many meetings? Too many forms? Too many phone calls? No time for your own children and hobbies? Maybe you're facing 4-H overload. One thing you might want to try is delegating! Whoever said you had to be Ms./Mr. Super Organizational Leader? Have you tried sharing the load with the Parents' Committee? Other 4-H parents are usually willing to share responsibilities if asked! You might have to explain the responsibilities and then let them do it their way. Then you must be appreciative of their work (even if you know a better way).






Here are some quick suggestions:

- **New Family Coordinator:** Welcomes visitors; explains 4-H to new and visiting families; distributes 4-H information; and contacts the Extension Office with the visitor's names and addresses.
- **Project Leader Coordinator:** Organizes project leaders; explains and trains new project leaders; collates needed 4-H materials for members and distributes materials to members.
- **Record and Awards Trainer:** Keeps informed of Achievement Awards and requirements needed to receive; trains members in fundamentals of completing 4-H records and 4-H Project Award Applications.
- **Demonstration Trainers:** Trains members and adults concerning the fundamentals of presenting demonstrations and talks; promotes 4-H Club Day; assists families with submitting their 4-H entries online; encourages demonstrations and talks; provides guidance for youth.

# December, 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b> Red Wheel Sales begin, Minneapolis Returning Members 4-H Online Enrollment DUE by 11:59 p.m. to participate in County Fair New & Returning 4-H Members: Online Enrollment DUE by 11:59 p.m. to participate in 4-H Club Day	<b>2</b>
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b> Adult Chaperone Application DUE Regional Award Screening Volunteers DUE	<b>16</b>
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
<b>24</b>	<b>25</b> 	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
<b>31</b> Rock Springs 4-H Camp Early Bird Deadline	 Minneapolis & Salina Offices Closed December 25 - January 1					

# January, 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b>  Minneapolis & Salina Offices Closed 4-H with K-State Women's Basketball Registration Deadline	<b>2</b> Gavel Games/Model Meeting entries DUE Online (by 11:59 p.m.) Quiz Bowl Team and Volunteer Registrations DUE Online (by 11:59 p.m.)	<b>3</b>	<b>4</b> Project Award Applications for Regional Contest DUE	<b>5</b>	<b>6</b>
<b>7</b> Districtwide Committee Training, Salina	<b>8</b>	<b>9</b> Regional Project Award Application Screening, Manhattan	<b>10</b> February newsletter articles due to Jacob Horse Panorama registration Due	<b>11</b>	<b>12</b>	<b>13</b> Volunteer Screening Orientation , RSVP Due K-State Women's Basketball, Manhattan, 1:00 p.m.
<b>14</b>	<b>15</b> Martin Luther King Day Minneapolis & Salina Offices Closed	<b>16</b>	<b>17</b>	<b>18</b> Organizational Leaders' Update, Online via Zoom - 7:00 p.m.	<b>19</b> Gavel Games/Model Meeting, TBD	<b>20</b> Gavel Games/Model Meeting & Quiz Bowl, K-State Salina Campus Volunteer Screening Orientation , K-State Salina Campus, 1:00-3:00 p.m.
<b>21</b>	<b>22</b> 4-H Council, Minneapolis, 7:00 p.m. 4-H Club Day Entries Due Online by 11:59 p.m.	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b> Red Wheel Sales End, Minneapolis	<b>27</b> Kansas 4-H Horse Panorama, K-State Salina Campus
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	<b>UPCOMING DATES:</b> <b>February</b> <b>3</b> - District 4-H Quiz Bowl <b>14</b> - Red Wheel Sales due to leaders, Minneapolis <b>15</b> - Volunteer Orientation <b>17</b> - 4-H Club Day <b>18-19</b> - Kansas 4-H Citizenship in Action (CIA), Topeka <b>March</b> <b>1</b> - ALL District and State Scholarships DUE Online <b>2</b> - Red Wheel delivery, Minneapolis		



**Central Kansas Extension District**

**Salina Office**

Kansas State University Salina  
Aerospace and Technology Campus  
2218 Scanlan Ave  
Salina, KS 67401-8196

Address Service Requested

## GOODBYE 2023, HELLO 2024!

Dear 4-H Families,

I am not sure about you, but 2023 seemed to fly by. It is important for us to take time to reflect on the good things and all the learning opportunities that we have had.

It is amazing that we will be saying goodbye to 2023 and hello to 2024 in a matter of a few days! Where has the time gone?

In this edition of the 4-H newsletter you will find it is a combination of December and January news. Please take a moment to review and read this edition of the 4-H Newsletter.

I know the next few weeks will be full of spending time with family and friends. Enjoy your time together!

Happy Holidays!

Jacob

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