

4-6 Months before your month of eligibility:

- ✓ Confirm your eligibility for Medicare benefits.
 - Contact the Social Security Administration
(Railroad retirees contact the Railroad Retirement Board)
- ✓ Review your current health insurance to see what happens after you become eligible for Medicare
 - Contact your HR Department or current insurer
- ✓ Find out what Medicare covers and the different options for coverage
 - Contact SHICK or attend a local New to Medicare or Medicare Basics program

3 months before your month of eligibility:

The following steps MAY not be necessary for everyone

- ✓ Decide which Medicare option is best for you
 - Contact SHICK or attend a local New to Medicare or Medicare Basics program
- ✓ Check with your doctor(s) to see if they accept the different types of Medicare coverage
 - Contact your providers and local hospitals

1-3 months before your month of eligibility:

The following steps MAY not be necessary for everyone

- ✓ Enroll in Medicare A and B
 - Contact your local Social Security office or enroll online
 - If you are continuing work, enrolling in Part B may not be your best option
- ✓ Enroll in a Medicare Supplement Plan OR a Medicare Advantage (MA) Plan
 - You only need one of these options. Do NOT enroll in both a Supplement and MA plan
 - Contact insurance agent to enroll in a Supplement
 - Contact SHICK for assistance in choosing a MA plan
- ✓ Enroll in a Part D Prescription Drug Plan
 - Enroll online or contact SHICK for assistance
 - If you are enrolled in a MA plan that includes drug coverage, do not enroll in a Part D plan

For more information, contact Debra Wood at K-State Research and Extension, Central Kansas District Salina office at 785-309-5850.

Medicare Resources

Turning 65 and Eligible for Medicare

Enroll online at:

www.SocialSecurity.gov

or in person at:

Social Security Administration
1410 East Iron Avenue, Suite 7
Salina, KS 67401

Call 1-877-405-3494 for an appointment.

Information on Medicare Supplements at:

<https://insurance.ks.gov/healthlife/medicare/med-supp.php>

Compare Drug Plans and Medicare Advantage Plans:

Medicare Website www.medicare.gov

- Call local SHICK Counselor (area extension offices with SHICK Counselors listed below), Area Agency on Aging at 1-800-432-2703, or SHICK Hotline at 800-860-5260.
- Have Medicare card and list of medications including dosage and quantity available.

***Medicare Open Enrollment
October 15 – December 7***



SHICK Counselors provide free, unbiased, confidential information on Medicare, Medicare Supplement Insurance, Long-Term Care, and other health insurance subjects that concern older Kansans.

The goal is to educate and assist the public to make informed decisions on what's best for them.

K-State Research and Extension (Call to make an appointment)

Central Kansas District

(Saline and Ottawa Counties)

Deb Wood
K-State Polytechnic campus
2218 Scanlan Ave
Salina, KS 67402
dwood@ksu.edu or 785-309-5850

Chisholm Trail District

(Dickinson and Marion Counties)

Rena Reidy
712 S Buckeye Ave.
Abilene, KS 67410
renaer@ksu.edu or 785-263-2001

Midway District

(Ellsworth and Russell Counties)

Jessica Kootz
210 N Kansas Ave, Suite 1
Ellsworth KS 67439
jessicak@ksu.edu or 785-472-4442

Or

North Central Flint Hills Area Agency on Aging

401 Houston Street
Manhattan, KS 66502
Phone: (785) 776-9294 or (800) 432-2703
Ask for SHICK counseling